



Practical AMA resources to prevent type 2 diabetes while earning CME

The American Medical Association offers **diabetes prevention** continuing medical education activities on our [AMA Ed Hub™](#) platform. Please note that two of the activities—“Prediabetes performance improvement CME” and “Body Mass Index performance improvement CME”—can be used to meet **maintenance of certification** requirements for 21 different specialty boards (additional details below).

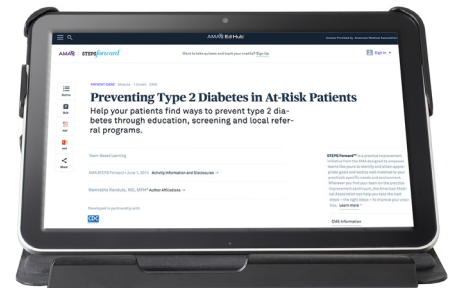
Preventing type 2 diabetes in at-risk patients

1.0 AMA PRA Category 1 Credit™

<https://edhub.ama-assn.org/steps-forward/module/2702601>

Designed to improve the care for patients with prediabetes, this enduring material provides tools and resources on identifying and managing patients at risk for diabetes. It also offers:

- Opportunities to learn from practices that have successfully implemented prediabetes screening and education programs
- Information on evidence-based prevention programs for patient referral
- Answers to commonly asked questions



This activity is one of the **AMA's STEPS Forward™** practice improvement educational modules, which deliver best practices from the field and empower practices to identify areas or opportunities for improvement, set meaningful and achievable goals, and implement transformative changes designed to increase operational efficiencies, elevate clinical team engagement and improve patient care.

Diabetes prevention activities that align with maintenance of certification requirements

The following two activities can be used toward maintenance of certification (MOC) requirements for 21 specialty medical boards that are in the American Board of Medical Specialties Multi-Specialty Portfolio Program.

The AMA's participation in the portfolio program provides a streamlined approach for physicians and physician assistants to earn Improvement in Medical Practice (Part IV) credit. Please note that the amount of MOC Part IV credit awarded is member-board dependent.

To be eligible for MOC Part IV credit for either activity listed below, the American Board of Medical Specialties requires the completion of two cycles through the implementation (B) and the measurement (C) stages. By completing these stages twice, participants can capture and compare how actions and outcomes shift.

Prediabetes performance improvement CME

Up to 30 *AMA PRA Category 1 Credits*™

<https://edhub.ama-assn.org/provider-referrer/5709>

Designed to increase prediabetes screening and treatment of non-pregnant patients 18 years and older with no previous diagnosis of diabetes, this activity will help identify potential gaps and barriers in clinical performance regarding adults at risk for diabetes, increase medical knowledge and awareness regarding the health impact of prediabetes, and provide tools and resources to improve all of the above.



This module consists of three stages:

- **Stage A:** Assess current practice performance (5 *AMA PRA Category 1 Credits*™ upon completion)
- **Stage B:** Implement performance improvement activity (5 *AMA PRA Category 1 Credits*™ upon completion)
- **Stage C:** Measure the impact of improvement efforts (5 *AMA PRA Category 1 Credits*™ upon completion)

Upon successful completion of stages A–C, participants earn an additional 5 *AMA PRA Category 1 Credits*™ for a total of 20 *AMA PRA Category 1 Credits*™. Participants may elect to continue by completing a second cycle of stages B and C.* An additional 10 *AMA PRA Category 1 Credits*™ will be awarded for the successful completion of this second cycle for a total of 30 *AMA PRA Category 1 Credits*™.

* Requiring the second cycle is dependent on the medical specialty board.

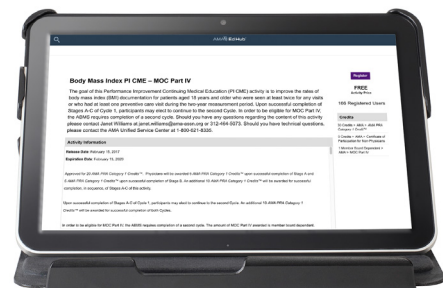
Body Mass Index performance improvement CME

Up to 30 *AMA PRA Category 1 Credits*™

<https://cme.ama-assn.org/Activity/4228500/Detail.aspx>

Designed to improve the rates of body mass index (BMI) documentation for patients 18 years and older, this activity will help:

- Identify potential gaps and barriers in clinical practice
- Increase medical knowledge and system interventions aimed at increasing rates of BMI documentation
- Monitor and evaluate change to determine what additional steps or changes are necessary to continue to increase practice BMI documentation rates



This module consists of three stages:

- **Stage A:** Assess current practice performance (5 *AMA PRA Category 1 Credits*™ upon completion)
- **Stage B:** Implement performance improvement activity (5 *AMA PRA Category 1 Credits*™ upon completion)
- **Stage C:** Measure the impact of improvement efforts (5 *AMA PRA Category 1 Credits*™ upon completion)

Upon successful completion of stages A–C, participants earn an additional 5 *AMA PRA Category 1 Credits*™ for a total of 20 *AMA PRA Category 1 Credits*™. Participants may elect to continue by completing a second cycle of stages B and C.* An additional 10 *AMA PRA Category 1 Credits*™ will be awarded for the successful completion of this second cycle for a total of 30 *AMA PRA Category 1 Credits*™.

* Requiring the second cycle is dependent on the medical specialty board.

The American Medical Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Medical Association designates each activity for the number of *AMA PRA Category 1 Credits*™ listed above. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For MOC, please check with your specialty board to determine activity eligibility.